

# Kansas City Gymnastics Summer Team Camp 2008

**Date:** June 26, 27, & 28

## Camp Schedule

## You Should Bring:

**Times:** Thursday 8:00-4:00  
Friday 8:00-4:00  
Saturday 9:00-Noon

**8:00am** Warm up and Conditioning

**8:30am** Classes

**9:30am** Classes

**10:30am** Classes

**Where:** KC Gymnastics  
116 NW Plaza Dr  
Riverside, MO 64150  
(816) 741-8270

**11:30am** Lunch

**12:00pm** Activity/Games & Film

**Cost:** \$130.00

- Any Competitive Gymnast
- **Spaces Limited**
- \$50 Deposit Due by May 10<sup>th</sup>
- Checks Payable to:  
KC Gymnastics

**1:00pm** Flexibility

**1:30pm** Classes

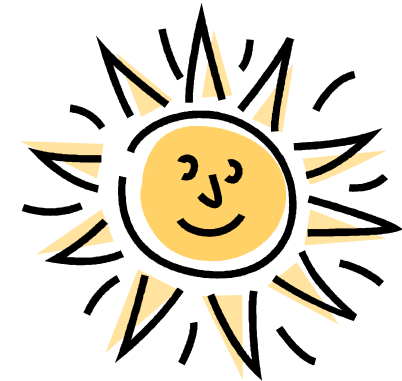
**2:10pm** Classes

**2:40pm** Classes

## Gymnastics, Dance, Arts and Crafts

All Campers will have the opportunity to participate in Arts and Crafts Projects.

**3:40pm** Conditioning



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## Sign Up

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Level: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Affiliated Club: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Cell # \_\_\_\_\_

Emergency Contact: Name \_\_\_\_\_ Phone Number: \_\_\_\_\_